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SHEPPARTON ADVENTURE CLUB inc. A0002706S

NEWSLETTER Feb-March 2012

www.vicnet.net.au/~sac1

Affiliated member of



Canoeing on the Goulburn River near Shepparton Jan 2012

Next meeting **Tuesday 24 April 2012** - Alfred to present on his **East Timor** water project

.....
7:30 pm at the Mechanics Institute, Wyndham St, Shepparton (rear entrance via carpark)

Newsletter Printing:

Our newsletter printing is kindly sponsored by Wendy Lovell, Member for Northern Victoria

The Hon. Wendy Lovell MP
Minister for Housing and
Minister for Children and Early Childhood Development

138 Welsford Street
Shepparton Victoria 3630
Phone 03 5821 0055
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The SHEPPARTON ADVENTURE CLUB Inc.

General Meeting: 4th Tuesday of the months: February, April, June, August, October
usually: 7:30 pm at the Mechanics Institute, Wyndham St, Shepparton.
Committee Meeting: Monthly at 8pm.
Correspondence to: The Secretary SAC, PO Box 264, Shepparton 3632
Email: sacvicau@yahoo.com.au

OFFICE BEARERS

President	Chris Halpin	0417 516703	
Vice President	Richard Graves	5824 2929	
Secretary	Cathy O'Brien	5831 5068	
Treasurer	Scott Birchall	5831 6063	scottbirchall@aapt.net.au (for email distribution to members)
Committee Members	Richard Cameron	0428 486402	
	Bruce Gill	5824 2548	

CO-OPTED POSITIONS

Newsletter Editor	Greg Smith	5824 1143	gregs@g-mwater.com.au
Equipment Officer	Maartje Heuperman	5824 1543	
Publicity Officer	Maartje Heuperman	5824 1543	
Calendar Coordinator	vacant		
Mid-week coordinator	Robyn Fennell	5824 1724	
Web Master	Greg Smith	5824 1143	

MEMBERSHIP FEES

Initial Club Joining Fee	\$5
Single Club Membership	\$25
Family Club Membership	\$40 plus \$5 per nominated child aged 5 to 16 years
Concession – Single Membership	\$20 - Pensioner/Senior/Student Cardholders
Concession – Family Membership	\$35 - Pensioner/Senior/Student Cardholders

Membership benefits

Your Bushwalking Vic membership card enables you to obtain discounts at a number of retailers including Ajays (Heathmont), Bogong (Melb), Bushwackers (Essendon), EMC (Deepdene), Melb Map Centre (Malvern East), The Wilderness Shop (Box Hill), Outsports (Moorabbin), Paddy Pallin, Pinnacle, Snowgum, Escape 2 (South Wharf DFO).
You can also become a member of Anaconda, Columbia, Ray's Outdoors and Snowgum for free and thereafter obtain discounts.

Sunrise & Sunset (Melbourne GPO)

Fri 23 Mar	0726	1927	EDST	EST starts Sunday 1 April		
Fri 6 Apr	0639	1806	EST	Fri 20 Apr	0651	1747 EST
Fri 4 May	0704	1730	EST	Fri 18 May	0716	1717 EST

Full Moons

2012 Thu 8 Mar, Sat 7 Apr, Sun 6 May, 4 Jun, 4 Jul, 2 Aug, 31 Aug, 30 Sep, 30 Oct, 29 Nov, 28 Dec
Source: www.ga.gov.au

WALKSAFE (from Walksafe booklet, by VicWalk/BWV)

Here's a few safety points all participants should follow on outdoor trips:

- Carry sufficient food and especially water for the conditions and duration.
- Advise the trip leader of any medical issues that may affect your capacity to complete the activity.
- Tell the leader or others in the group if you are having difficulties.
- Wait at track junctions for the group to catch up.
- If you get lost STAY STILL and call out or whistle at regular intervals.
- Walk with experienced leaders.

Read more at http://www.bushwalkingvictoria.org.au/walk_safe.htm

President's Report

Hi all,

Sitting in the kitchen listening to flood reports after ~200mm rainfalls around our region I am hoping all our members are high and dry. It has been a very different summer!

Wet weather caused us to postpone the February "Bring a Friend" BBQ meeting into the following week. I hope you all got the email in time and were able to enjoy a paddle on our fantastic Victoria Park lake.

We have lots of activities to interest you all so I look forward to seeing you soon. Support for the Mid Week walk has been strong this year so far and it has been nice to welcome some new potential members. Richard tells me we still have a few spots available for the Great Ocean Walk. The Tallarook to Mansfield Rail Trail is also getting lots of positive publicity and will be a fun event.

Your Committee has been very busy too. We have made applications to different programs to provide updates for First Aid training and replacement club T shirts - so more on that later if we are successful.

We are also seeking quotes for a new sign to advertise our club on our shed. Now that the path around Victoria Park lake has been completed this area seems far more 'public' than in the past and it seems appropriate to put up a welcoming sign, similar to the Canoe Club signage next door. We would welcome your comments

Cheers for now,
Chris



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For overnight hikes check: www.packcarryvic.pbwiki.com

Several brochures on walking safely & softly are available at: www.bushwalkingvictoria.org.au/brochures.htm

There's a heap of useful info in the BWV newsletters that I encourage you to read, too much to fit in here - Ed.

BWV Strategic Review

A project group is has commenced development of a new Strategic Plan for BwV to "exert the influence necessary to achieve the best possible bushwalking ... for our clubs, club members and for all Victorians who bushwalk." Some issues driving this are:

- A majority of bushwalkers are not club members and therefore not linked to or represented by BWV.
- The limited and over-stretched resources of a largely volunteer organisation, especially compared to organisations representing 4WDers, shooters, cyclists etc.
- Changes to Vic government funding arrangements for sport and active recreation.

A range of opportunities to contribute to the review will be provided via *Bushwalking News Vic* and the website.

Development of Guidelines for Responding to and Recovering from Critical Incidents

Late last year, one of Bushwalking Victoria's member clubs experienced the trauma of the death of a club member on a club activity. Although the club was able to manage the situation and its aftermath from within, the club suggested that Bushwalking Victoria develop a formal emergency plan document as a resource available to clubs of the appropriate actions to take in response to a range of emergency situations that could arise on a club activity.

The board of Bushwalking Victoria agreed that such a document was an excellent idea and board member, Megan Major, has volunteered to lead the development of this important initiative. If any club has emergency /crisis/critical or incident response/management/recovery plans that they are willing to share, Megan would be pleased to receive them - megan@bushwalkingvictoria.org.au

Calendar of Activities

Date	Activity	Location & details	Grade	Leader	Contact
14-18 March	Great Ocean Walk , Otways. We will do 3 sections of the walk with day packs. Bunkhouse accommodation at Bimbi Park Caravan Park, Cape Otway. Further details closer to the date, but expressions of interest would be appreciated to allow early booking of accommodation transport, etc. Participant numbers will be limited to 8 persons & will be accepted on a first in basis. Costs will depend on the number attending, but as a rough indication, past trips have cost approx. \$30/head/day plus mileage		E/M	Richard Graves	5824 2929
28 March	Mid-week walk	Now Dookie bushland, as Barmah too wet.	E	Howard	58 289 281
11 April	Mid-week cycle	Section of the Mansfield to Tallarook Rail Trail . Approx 30 km/day. More details and map at http://www.railtrails.net.au/vic/goulburn_river_high_country/index.htm Participant numbers may need to be limited to available bike trailer capacity. More sections on 9 May and 13 June.	M	Chris Halpin	58313446
20-22 April	Canoeing	Paddle the mid-Goulburn River with a base camp (not suitable for beginners)	E-M	Chris Halpin & Richard Graves	58313446 5824 2929
24 April	Meeting	<i>Alfred H talking on his recent trip to East Timor drilling for water. 7.30pm at the Mechanics Institute, Shepparton.</i>	Social		
25 April	Mid-week walk	Strathbogies	E 5.2km	Maartje H	58 241 543
9 May	Mid-week cycle	Section of the Mansfield to Tallarook Rail Trail. Approx 30 km.	M	Chris Halpin	58313446
19-20 May	Bush camp	A "retrograde" weekend camp at Whroo, near Rushworth - old gear only!	E?	Alfred H	58 241 543
23 May	Mid-week walk	Reef Hills Park, Benalla	E 9km	Maartje H	58 241 543
9-11 June	Base camp	Long-weekend bush camp, probably usual private spot near Guildford. Lots of things to do on and around property.	E	Greg & Jill	58241143
13 June	Mid-week cycle	Section of the Mansfield to Tallarook Rail Trail. Approx 30 km.	M	Chris Halpin	58313446
26 June	Meeting	Hiking & Kayaking in Nepal - slide show by Neville. 7.30pm at the Mechanics Institute, Shepparton	social		
27 June	Mid-week walk	Mt Black, Rushworth	M	Chris Halpin	0417 516703
25 July	Mid-week walk	Echuca	E	Cathie M	0434343327
11-16 August	Jatbula Walk - 5 days Katherine Gorge to Edith Falls, Northern Territory. NOW FULL .		M (contingent on weather)	Justin Halpin	0488 040444
22 August	Mid-week walk	Whipstick Forest	E 6km	Richard G	58 242 929
28 August	Meeting	<i>Speaker to be advised</i>	social		

Trip Reports

Canoeing the Goulburn River from Rafferty Bend to Aquamoves - 19 Jan 2012



While Richard Graves stood with furrowed brow calculating whether there were sufficient canoes a merry band of 12 adults and 7 children gathered at the SAC shed on Sunday morning. All was well and with the canoe trailer well loaded and several atop the vehicles we headed off to Rafferty Bend. The day was rapidly heating up and sunscreen and hats the order of the day as the canoes were carried down the bank. We were soon on the river: A colourful parade of nine canoes with Chris Halpin keeping any speedsters in order and Richard with a watchful eye on any stragglers. Once on the river it felt cooler and with a slight breeze from time to time it was perfect paddling weather. The youngsters pulled their weight paddling along steadily. It was so pleasant and with a steady current it was tempting to just float along enjoying the birdsong and spotting night herons and kingfishers from time to time. From time to time there were plenty of snags to paddle around or through, enlivening the journey. Maartje and Barbara were extra busy as Maartje had decided to rid the river of drink cans come what may! A stop was made near the boat ramp in Mooroopna and everyone enjoyed a late morning tea before paddling on to the ladder near Aquamoves bringing our trip to an end. With the low river level it was quite a job to haul the canoes up the bank but there were plenty of hands to assist. Those staying prepared for lunch while Arthur took the drivers to pick up the vehicles. As a 'newie' it was a delightful way to spend several pleasant hours on the river with a great group of people. I'll be going next time!

Many thanks to Arthur Fennell who assisted with the car transfers and checked we were on track at Mooroopna.

by Barbara Brown

Midweek Walk Lake Sambell to Lake Kerferd - Feb 2012

This turned out to be a day long event for our walking troupe. We drove to Beechworth and started with a picnic style morning coffee near the start of the walk close to Lake Sambell. A 26 degree day with high humidity and a 5 km track that follows Spring and Hurdle Creek to Lake Kerferd lay ahead of us. We passed old mining sites with deep vertical shafts and Patterson's Dam that used to supply water for mining. From there the walk followed a vehicle track build to service the water pipeline to Beechworth. After lunch at Lake Kerferd we walked back to our starting point minus the short unplanned detour we managed to do on the way up. The group of 14 closed the day off with afternoon tea at one of the local cafes. Nearly 11kms!! Well done everyone!!!

... by Maartje H



Mid-week walk in Moira Park near Shepparton

In January, six members attended the first Mid Week Walk for the year. It was quite a hot day, 35c by early afternoon. Having had morning tea at the entrance to Moira Park we set off for a 5 kilometre walk, checking out the old Scout Camp site and also taking a quiet rest at the Goulburn River before ending up back at the park entrance. We decided to walk back to the Scout camp area to have lunch by the river, this added a further 3 kilometres to our walk. By this time we were quite hot and thought coffee or ice-cream at the close by Strawberry Farm would be very desirable. This made a great end to a very enjoyable day.

SHEPPARTON ADVENTURE CLUB INC.
EQUIPMENT LIST & USAGE CHARGES NOV 2011

The following list of SAC owned equipment is available for use. Contact the Equipment Officer at least a week in advance to ensure the equipment is available and to arrange pick up. If you have difficulty contacting the Equipment Officer, contact any member of the committee for assistance.

The equipment is made available to Shepparton Adventure Club Members for any trip, and to visitors only on listed trips. Any charges are at a nominal rate to fund replacement.

Equipment usage fees are:

- Free to club members on club trips
- At the nominated rates for private trips and to non club members
- Canoe usage charges for non-members participating in club activities are double the listed rates.

FIRST AID KITS	<ul style="list-style-type: none"> ■ Part 1; and ■ Part 2. 	Used items to be replaced by trip participants
LARGE BACKPACKS	<ul style="list-style-type: none"> ■ Lowe backpack, olive green, 65 ltr, 2 side pockets ■ Jansport, red, 2 side pockets, adjustable backlength ■ Snowgum backpack, 75 ltrs, Green ■ Snowgum backpack 65 ltrs, Grey, medium backlength 	\$5/weekend up to 3 days
DAYPACKS	<ul style="list-style-type: none"> ■ MacPack Gecko, Large Daypack Red ■ MacPack Gecko, Large Daypack Blue 	\$2/day
	<ul style="list-style-type: none"> ■ Blue daypack, 	nil
TENTS	<ul style="list-style-type: none"> ■ Macpac Olympus Snow Tent. 2 person, consists of 1 fly sheet and inner (connected), 3 poles, 10 pegs, 10 storm guys, 1 pole repair tube, peg bag, pole bag and tent bag. For use in alpine environments. 3.6 kg ■ Mackpac Eclipse, 2 person, 3 season (not snow) ■ Macpac Microlite. Single person tent. 1 fly sheet, and inner (connected), 1 pole, pegs, storm guys, 1 pole repair tube, peg bag, pole bag and tent bag ■ Mountain Designs. 2 person. 4 season (not snow). Twin doors. 	\$5/weekend
	<ul style="list-style-type: none"> ■ Blue 2 man tent with orange fly, 20 pegs & set of poles to suit, blue stuff sack ■ 2 Ignell 2-3 man tents, 3 poles per tent, with snow pegs, (5 large, 7 small) and 4 green foam mats to suit. Need new floors. ■ Bell-end 2 person tent, orange, green fly, with pegs and poles ■ Woolworths 3 man blue hiker tern, blue fly, 25 pegs, 8 poles 	\$2/night
CAMPING EQUIPMENT	<ul style="list-style-type: none"> ■ 1 stove -Trangia No. 25 ■ 1 stove -Trangia No. 27 ■ 3 Fuel bottles, Metho -500ml ■ 2 large Trangia billy, Small Trangia fits inside the billy 	\$2/day accessories included
	<ul style="list-style-type: none"> ■ 2 Compass -Silva No. 7 	
	<ul style="list-style-type: none"> ■ GPS etrex. 	\$2/day plus batteries on private trips
	<ul style="list-style-type: none"> ■ 1 Sleeping Mat – Thermarest, long 	\$2/ 2 nights +
	<ul style="list-style-type: none"> ■ 1 Sleeping Mat –Ultralite -Thermarest, short 	\$2/ 2 nights +
	<ul style="list-style-type: none"> ■ 1 Closed Cell Foam Mat 	\$1/night
SAFETY EQUIPMENT	<ul style="list-style-type: none"> ■ 1 Voile Snow shovel, black handle/blue shovel 	\$1/day
	<ul style="list-style-type: none"> ■ 2 Space Blankets –Coghlans 	No charge
CANOES AND KAYAKS	<ul style="list-style-type: none"> ■ 1 Bivvy Bag, Full Goretex -One Planet Hollow Log 	\$5/weekend
	<ul style="list-style-type: none"> ■ Eskimo Cerro (red) whitewater K1, with spray deck & airbag 	\$10/day
	<ul style="list-style-type: none"> ■ Eskimo Diablo (pink) whitewater K1 with spray deck & airbag 	
	<ul style="list-style-type: none"> ■ Yellow Plastic (BCMA) whitewater K1 	
	<ul style="list-style-type: none"> ■ Blue Dagger Carlisle 15 K1. flatwater estuary boat 	
	<ul style="list-style-type: none"> ■ Orange Dagger Drifter. K2 flatwater double 	
	<ul style="list-style-type: none"> ■ One Canoe, yellow and white, fibreglass 	\$2.50/day per person
	<ul style="list-style-type: none"> ■ One K2, yellow top, white bottom, fibreglass 	
<ul style="list-style-type: none"> ■ Three green Canadian canoes, Hagar, Footrot, and unnamed 		
PADDLES	<ul style="list-style-type: none"> ■ Two red Olymp 73 fibreglass kayaks (too light for w/water) 	
	Kayak paddles (double blade): <ul style="list-style-type: none"> ■ 4 No Tuapo two white, one red, one purple ■ 1 new wave white ■ 1 waikato – for use in longer kayaks ■ 2 carlisle light blue – for use in longer kayaks ■ 2 No clear fibreglass (very old) 	Supplied with canoes or \$1.00 per day each

	Canoe paddles (single blade): <ul style="list-style-type: none"> ■ 2 No black with yellow handles ■ 3 No orange with orange handles ■ 6 No red with red black handles ■ 2 red sevydor 	
CANOE GEAR	Bouyancy vests: <ul style="list-style-type: none"> ■ 3 No Perception, Medium – 2, Small – 1 ■ 3 Liquid life, Large-2, X-Large 1, wide adjustment ■ 2 Ballistic L & XL ■ 2 No Marlin Red - Junior - 2 (25 to 40kg) ■ 1 No Marlin Blue – Dominator ■ 1 No Marlin yellow – child ■ 1 No Excel classic - infant ■ 1 No Harichock – size 8 ■ 2 No Driklad – Medium 	
	Helmets: <ul style="list-style-type: none"> ■ 2 No <i>Prion</i> , yellow ■ 1 No <i>Ace</i> white ■ 3 No yellow 	
	Spray decks – 4 Canoe seat Canoe/kayak wheels	
CLOTHING	Waterproof Jackets: <ul style="list-style-type: none"> ■ 1 No Large (gortex) - One Planet Cats & Dogs – Black ■ 1 No Large (reflex) - Mountain Design – green ■ 1 No Medium (reflex) – Mountain Design – turquoise ■ 3 No Childrens, 2 japara, 1 nylon ages 3 to 14 yo 	\$2/day
	Overpants: <ul style="list-style-type: none"> ■ 1 No Large (japara) – Rainbird – black ■ 2 No Medium (japara) – Rainbird – black ■ 1 No Nylon - small ■ 1 No nylon small (childs) – rainbird ■ 1 No nylon padded ski pants 	\$2/day
	<ul style="list-style-type: none"> ■ 2 pair Gaiters -size medium -Snowgum. Black ■ 2 pair Dachtein mittens -medium, large 	\$1/day
BIKE TOURING	<ul style="list-style-type: none"> ■ Panniers rear (canvas) bunyip ■ Paniers front, and rack (canvas) bunyip ■ Handle bar pannier 	\$ 1/day total
MAPS	Extensive collection of topographic maps, see separate list	No charge
OTHER EQUIPMENT	Kathmandu Child Carrier	No Charge
	Chairs, folding seats	No Charge
	Trestle tables	No Charge
	BBQ (BBQs Galore)- 3 burner, Cookson 9 kg gas bottle - silver	\$5 / day
	Gas lantern, stem, Gasmate 4 kg gas bottle - grey	\$2/ trip

Bushwalking Vic news (continued)

Track repairs, maintenance, development & conservation projects

Opportunities to assist in track maintenance, updates on track closures and re-openings (eg. Wilsons Prom, Grampians), new tracks (Grand Strzelecki) and weed removal (eg. Grey Sallow willow on Bogong High Plains).

Bush Search & Rescue website - www.bsar.org - Battery packs for mobile phones; mobile phones for bush use.

An item on **Treating Snake Bite** appears in BWV's Feb newsletter.

New Book - ***Melbourne's Western Gorges: A Walkers Guide to the Brisbane Ranges, Werribee and Lerderberg Gorges*** by Glenn Tempest.

The first detection of **myrtle rust** in Victoria occurred at a Mornington Peninsula nursery earlier this year and has since been found at over 20 other sites in Vic, mainly associated with nurseries around Melbourne. The first Australian identification was in NSW in April 2010, where it is now widespread along with QLD.

www.dpi.vic.gov.au/myrtlerust



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